



BEACONSFIELD

Policy and Action Plan Age-Friendly Municipality

2024-2028



Municipalité
amie des aînés

En partenariat avec :

Québec 

A Word from the Mayor

The City of Beaconsfield has always valued the essential contribution of its senior citizens to the vitality and quality of life in our community. Our senior citizens are the living memory of our city, and their involvement and experience nourish the development and harmony of our living environment.

Since adopting our Age-Friendly Municipality policy in 2015, we have implemented numerous concrete actions and mobilized municipal, community and institutional partners in support of our senior citizens. By maintaining our social policy of offering discounts to people aged 60 and over, we are encouraging physical and cultural activity among our senior citizens. By redeveloping James Armstrong Park with the help of the PRIMADA grant, we have created a peaceful and accessible place for seniors to rest during their health walks. Several measures, no matter how big or small, are taken daily by the municipal team to ensure the well-being and inclusion of seniors in community life.

Providing a safe, accessible and caring environment remains a priority for the City of Beaconsfield, both today and tomorrow. This renewed AFM action plan, the result of collective work and ongoing consultation, reaffirms our commitment to creating a place where people of all ages can enjoy growing old.

I would like to thank everyone who contributed to this process, especially the Government of Québec for its financial support, the Secretariat for Seniors and the Ministry of Family Affairs. I would also like to thank the members of the steering committee and all the citizens who expressed their views during the public consultations.

This is my final Mayor's Message as part of the renewal of the AFM policy and action plan. I leave you with my sincere hope that our entire council will continue to be inspired by our commitment to the well-being of seniors.

I am confident that this new policy will guide Beaconsfield towards an even more inclusive and supportive future.

Georges Bourelle

Mayor, City of Beaconsfield



A Word from the Elected Official Responsible for Seniors' Issues

It is with great enthusiasm that I present Beaconsfield's renewed Age-Friendly Municipality (AFM) action plan.

In Beaconsfield, every family and every resident - regardless of age - contributes to building a vibrant, welcoming and supportive community. By working together to adapt our services, spaces and programs, we are fostering an environment where young people, seniors and families can grow harmoniously, help each other and flourish.

This renewed AFM action plan is the fruit of ongoing dialogue with our citizens. I would like to thank all those who took part in the consultations, shared their perspectives and enriched our thinking. Thank you to the members of the AFM committee, as well as to the many partner organizations and institutions, including the Secrétariat aux aînés and the Ministère de la Famille, who work tirelessly to improve the daily lives of our seniors.

Our commitment is demonstrated through concrete actions: support for universal accessibility, through new buildings like the Beacon Hill Chalet, improving the cultural and recreational offer by consulting citizens about their needs, encouraging seniors' civic participation and strengthening links between the generations with activities like Get Your Read On! and the Community Repair Days. Together, we are ensuring that everyone can find their place and take full advantage of the richness of our living environment.

I invite you to discover this plan, to make it your own and, above all, to contribute to it through your involvement, your ideas and your solidarity. Together, we're building a Beaconsfield that's a great place to live... and to age well!

Peggy Alexopoulos

Councillor, District 6, City of Beaconsfield



Introduction

The City of Beaconsfield is committed to providing an inclusive, safe and welcoming living environment for all generations. Our Age-Friendly Municipality (AFM) approach reflects this desire to continually adapt our services, spaces and policies to enable everyone to age well at home, remain active and develop fully in their community.

Seniors occupy a central place in Beaconsfield: they enrich our social fabric, contribute to our collective dynamism and transmit essential values such as respect and solidarity. It is also our role, as a society and as individuals, to take care of one another, especially our seniors, who have contributed to the development of the community and continue to do so. The development of our renewed AFM action plan is based on the many points of view expressed during public consultations and is founded on the conviction that active aging—that is, participation, health and security—is beneficial for everyone.

This action plan, the result of a concerted effort by citizens, organisations and municipal employees and elected officials, embodies our commitment to continue adapting our city and offering everyone the opportunity to remain active, healthy and fully integrated into community life, now and in the future.

Members of the Steering Committee

The success of the Age-Friendly Municipality approach depends on the commitment of a steering committee dedicated to the quality of life of seniors in Beaconsfield. This committee brings together citizens, representatives of organisations and institutional partners who, together, guide, validate and support each stage of the project. The AFM steering committee for the renewal of the policy and related action plan is made up of the following members:

- Chair: Peggy Alexopoulos, Councillor – District 6, elected official responsible for seniors' issues
- Co-chair: Roger Moss, Councillor – District 5
- Administrative representative: Mélanie Côté, Director – Culture and leisure
- Administrative representative: Élisabeth Lemyre, Division Head – Library and culture
- Project manager: Judith Caron, Section head – Public services
- Citizen representative: Nancy Acemian
- Citizen representative: Sophia Xue
- Citizen representative: Christiane Jouanet
- Citizen representative: Luis Viriato

- Citizen representative: Raimo Heyduck
- Representative of the institutional sector : Pietro Rizzo, Community organizer – CIUSSS de l'Ouest-de-l'Île de Montréal
- Representative of the community sector: Denise Hupé, Executive Director – ABOVAS
- Representative of the community sector: Sandra Watson, Program Coordinator – West Island Community Resource Centre



From left to right: Raimo Heyduck, Councillor Peggy Alexopoulos, Nancy Acemian, Sophia Xue, Judith Caron, Mélanie Côté, Councillor Roger Moss
Missing: Christiane Jouanet, Luis Viriato, Denise Hupé, Sandra Watson, Pietro Rizzo, Élizabéth Lemyre

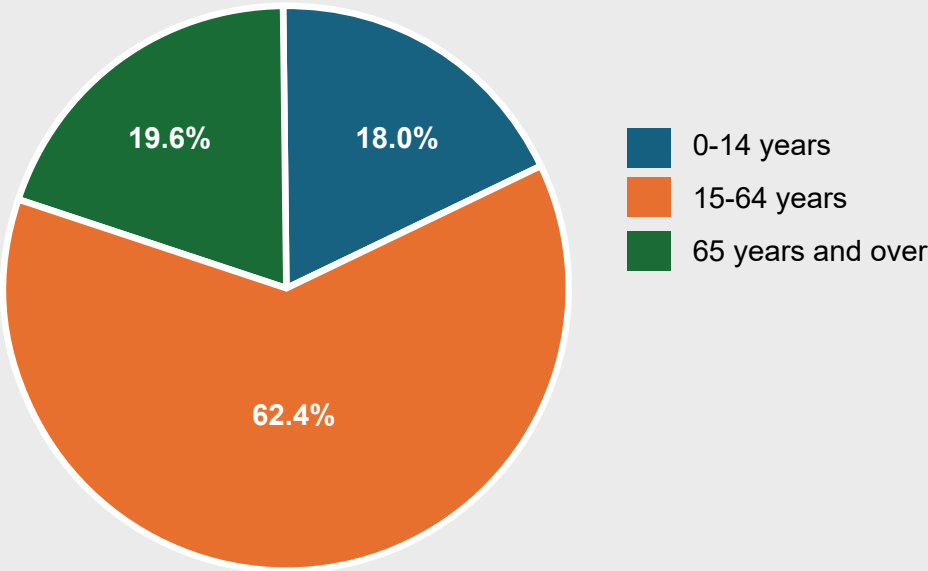
Portrait of the Municipality

Beaconsfield is a suburban town on the west side of the island of Montreal, known for its peaceful residential environment, numerous riverside parks and mature trees. Founded in 1910, the city covers approximately 11 km² of land (Communauté métropolitaine de Montréal, 2020).

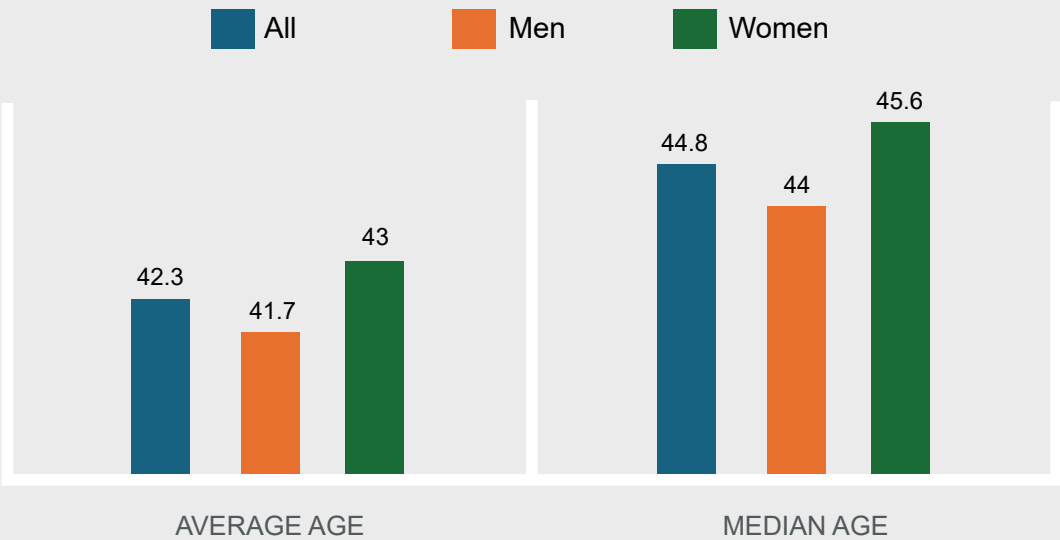
Population

According to the 2021 census, the total population is 19,277 (Statistics Canada, 2021). 19.6% of Beaconsfield residents are aged 65 and over, compared with 17% in the Montreal administrative region (Institut de la statistique du Québec, n.d.). The average age of Beaconsfield residents is 42.8, while the median age is 44. In comparison, in 2021, the average age of persons living in the administrative region of Montreal was 42 years old, so similar, and the median age was 40.1 years old (Institut de la Statistique du Québec, 2025).

BEACONSFIELD POPULATION BY AGE GROUP



AVERAGE AGE AND MEDIAN AGE IN BEACONSFIELD



Source: Statistics Canada, 2021

Housing profile

The residential fabric is essentially made up of quiet neighbourhoods, with a majority of single-family homes: out of 6,755 households, 5,795 are single-family homes (Statistics Canada, 2021). Nearly 90% of households are homeowners. The city has no low-income housing, but there are 50 NPO units and 44 cooperative housing units (Ville de Montréal, 2024).

Economic situation

The city's economic vitality is also noteworthy: the economic vitality index places Beaconsfield in the top quintile in Québec (Ministère des Affaires municipales et de l'Habitation du Québec, 2020), with a median after-tax income of \$44,400 per person (Statistics Canada, 2021). Despite this strong economic vitality, the area is also home to people with low incomes according to the Low-income measure, after tax (LIM-AT). Among people aged 65 and over, 125 women and 85 men, or 5.8% of seniors, live on low incomes (Statistics Canada, 2021).

Sources

[Communauté métropolitaine de Montréal. \(2020\). *Portrait de la ville de Beaconsfield*.](#)

[Institut de la statistique du Québec. \(s.d.\) Principaux indicateurs sur le Québec et ses régions.](#)

[Institut de la statistique du Québec. \(2025\). *Estimations de la population des régions administratives selon l'âge et le genre, âge médian et âge moyen, Québec, 1^{er} juillet 1996 à 2024*.](#)

[Ministère des Affaires municipales et de l'Habitation du Québec. \(2020\). *Indice de développement des municipalités, région 06*.](#)

[Statistique Canada. \(2021\). *Données du recensement 2021 : Détails pour Beaconsfield*.](#)

[Ville de Montréal. \(2024\). *Répartition 2024 des logements sociaux et communautaires*.](#)

Key steps in the process

Political commitment

As part of its commitment to seniors, the City Council appointed Councillor Peggy Alexopoulos as the person responsible for seniors' issues. A steering committee was set up and approved by a City Council resolution in July 2024, marking the official start of the work.

Conducting an assessment of the community

The first step was to conduct an in-depth assessment of the community, including a statistical profile of seniors and a census of existing services, as well as public consultations, which were held in the fall of 2024. This analysis made it possible to better identify needs and guide the choice of the actions included in the plan.

Public consultation

To ensure a participatory approach, a public consultation was organized. A survey conducted in November 2024 gathered 400 responses, reflecting the community's interest and involvement. Subsequently, three discussion groups bringing together a total of 20 seniors (14 women and 6 men) and six representatives of community organizations (GerontoLogis/Villa Beaurepaire, Club 55+, Club de Boulingrin, Répit-Ressource, ABOVAS and NOVA) were held on 4 and 5 December 2024 at the Beaconsfield Library.

Development of the policy and action plan

The steering committee met six times to develop the policy and its action plan. These meetings enabled clear objectives to be identified and concrete actions to be planned, which were then validated by the municipal divisions concerned.

Adoption of the policy and its related action plan by the Municipal Council

The policy and its action plan were then officially adopted by the Municipal Council in September 2025.



Definition of seniors

It is difficult to give a single definition of a senior; there are as many stories and realities as there are individuals. Seniors form a diverse group, comprising people of varying ages, interests, physical conditions and abilities. Being a senior means being part of an active generation within the community, with a journey that may include retirement or work, solitude or family life, full independence or certain limitations.

Seniors are, above all, full-fledged citizens whose wealth of experience and expertise benefits the entire community. They also have fundamental rights, including access to suitable housing, appropriate care and services, and a dynamic and inclusive social life.

To align with Statistics Canada's age groups and facilitate municipal planning, the AFM steering committee suggests defining a senior as anyone aged 65 or older. However, we recognize that aging is not limited to a specific threshold: our approach pays particular attention to the needs of all aging people, regardless of their age or situation. Thus, people aged 55 and over were consulted in the development of this plan, which aims to improve the quality of life of anyone who considers themselves a senior.

This inclusive approach allows everyone to identify with and feel involved in the actions, consultations and services put in place to promote an environment where it is good to grow old in Beaconsfield.

Values and principles

Respect

Every interaction and initiative involving seniors will be guided by a recognition of their dignity and their life choices. The City is committed to listening to, consulting with, and involving seniors with consideration, and to cultivating a climate of kindness and empathy towards them.

Inclusion

The City of Beaconsfield is committed to ensuring that every senior, regardless of age, background, physical condition, social status or economic situation, has equitable access to all municipal services, programs, activities and infrastructure. The actions outlined in the plan will promote the full participation of seniors in community life, ensuring that no one is left behind or isolated.

Innovation

The municipality values openness to new approaches, solutions and ways of doing things in the development of services and environments adapted to the evolving needs of seniors. It encourages creativity, experimentation and continuous adaptation in order to improve the quality of life of seniors, focusing on innovative partnerships and promising pilot projects.

Principles of Active Aging: Security, Health, Participation

Throughout all its actions, the City demonstrates its commitment to actively supporting active aging. This action plan is guided by these three principles:

- **Security:** providing an environment where seniors feel protected, respected and confident, whether at home or in public spaces.
- **Health:** supporting healthy lifestyles, access to appropriate care, accompaniment, and services that contribute to the physical and mental well-being of seniors.
- **Participation:** encouraging and facilitating the involvement of older adults in social, cultural, civic and community life, recognizing their essential role in Beaconsfield's vitality.

These principles are integrated across all measures in this action plan to create an environment where everyone can live and age well—at every stage of life.



Fields of action and objectives

To guide our approach, we have structured our policy and action plan around the 9 fields of action of the Age-Friendly Municipality (AFM) program. For each field of action, specific objectives have been set to meet the needs identified.

FIELDS OF ACTION	OBJECTIVE
OUTDOOR SPACES AND MUNICIPAL BUILDINGS	Adapt and maintain public spaces to make them safe, accessible and pleasant for seniors.
HOUSING AND LIVING ENVIRONMENT	Promote aging in place and a diversity of housing adapted to the changing needs of seniors.
TRANSPORTATION AND MOBILITY	Make mobility safe, accessible and adapted to the needs of seniors.
SOCIAL PARTICIPATION	Encourage seniors' involvement in community life.
LEISURE	Offer diversified, accessible and flexible culture and leisure programming.
RESPECT AND SOCIAL INCLUSION	Create an inclusive municipal culture that values seniors
COMMUNICATION AND INFORMATION	Facilitate access to information in a variety of understandable formats
HEALTH AND SOCIAL SERVICES	Strengthen local access to health and community services
SECURITY	Improve the physical and psychological safety of seniors in their living environment.

Role of the City

Because improving the quality of life for seniors is a major team effort, the City of Beaconsfield can take on different roles in implementing actions.

Leader: the City takes the initiative, oversees implementation and coordinates actions.

Partner: the City joins forces with other organizations or institutions to carry out joint actions.

Collaborator: the City supports initiatives led by other actors by actively participating in their implementation.

Ambassador: the City promotes and highlights actions led by other organizations within the community.

Action plan

[See the plan](#)

Implementation and monitoring

The implementation of the action plan is a crucial step in ensuring the success of the adopted policy and action plan. To oversee this process, a review committee has been appointed by resolution of the City Council. Composed of elected officials, administrative representatives and senior citizens, this committee is mandated to ensure that the planned actions are carried out and to support mobilization around issues related to seniors.

The review committee will hold biannual meetings to track the progress of actions, identify challenges and propose adjustments as needed. In addition, annual reviews will be conducted to assess progress against set objectives. The results of these reviews will be shared with the community, promoting transparency and continuous improvement.

Through this rigorous monitoring and the commitment of the various collaborators involved, the City ensures that the action plan remains dynamic, relevant and constantly evolving to meet the needs of seniors.

Conclusion and acknowledgements

This Age-Friendly Municipality (AFM) policy and action plan marks a renewed commitment by the City of Beaconsfield to the quality of life, well-being and dignity of its senior citizens. Through this structured and participatory approach, we reaffirm our desire to build an inclusive, supportive community that is open to all generations, where everyone can thrive and live in safety, health and respect.

The implementation of this plan relies on the collaboration of multiple partners from the municipal, community, institutional and associative sectors. It is the result of dialogue with our citizens, active listening and a desire for innovation, and proposes concrete solutions adapted to the reality of our aging population while respecting our means and resources.

We would like to extend our warmest thanks to everyone who contributed to the development of this plan:

- the members of the AFM steering committee for their dedicated involvement and expertise
- the citizens who took part in the survey and discussion groups, generously sharing their ideas, concerns and hopes
- the partner organizations, including ABOVAS, the CIUSSS de l'Ouest-de-l'Île-de-Montréal, the West Island Community Resource Centre, and all the local stakeholders committed to serving our seniors, as well as all the dedicated volunteers in the community who give their heart and time to provide quality support to those in need
- the Secrétariat aux aînés and the Ministère de la Famille for their financial support, resources and assistance through collaboration with Espace MUNI

Finally, we would like to acknowledge the contribution of municipal staff, elected officials and the entire community, without whom the success of this initiative would not have been possible. May we continue together on this promising path, so that Beaconsfield remains a place where it is good to grow up, live... and age well.

Resources for seniors

Updated in July 2025



Reference and Community Resources

West Island Community Resource Centre

To find community resources that meet your needs.

- Website: crcinfo.ca
- Phone number: 514 694-6404

211

To find community and social services near you.

- Website: www.211qc.ca
- Phone number: dial 211



Home Support – Aging at Home

Volunteer West Island

Several programs for seniors, including the handyperson program and meals on wheels (CLSC referral required).

- Website: cabvwi.org
- Phone number: 514-457-5445

Répit-Ressource

Home help service. Housekeeping and respite for caregivers.

- Website: repit-ressource.com
- Phone number: 514 353-1479



Helplines

Tel-Aînés

Free and confidential listening and referral service aimed at promoting the well-being of seniors at different stages of aging. 7 days a week, from 10 a.m. to 10 p.m.

- Website: tel-ecoute.org/programme-tel-aines
- Phone number Tel-Aînés: 514 353-2463
- Phone number Ligne Le Deuil (grief helpline): 1 888 533-3845

Centre Multi-Écoute

Listening, information, and referral services, short- and medium-term psychosocial support, active listening over the phone, various forms of assistance.

- Website: multiecoute.org
- Phone number: 514 737-3604
- 24/7 Emergency phone number : 514 378-3430



Transportation and mobility

ABOVAS

Medical and social accompaniment services.

Medical

- Phone number: 514 694-3838
- Email: info@abovas.com

Social

- Phone number: 514 513-3838
- Email: info.social@abovas.com

Paratransit (STM)

The STM's paratransit service is a door-to-door public transportation service for people with significant and persistent disabilities that limit their ability to perform normal activities, or who have mobility limitations that justify the use of paratransit.

- Website: www.stm.info/fr/ta



To break isolation

West Island Citizen Advocacy

Liaison service for seniors (assistance for vulnerable and isolated seniors), volunteer matching (social support or practical assistance), tax program, etc.

- Website: volunteerwica.com/programs
- Phone number: 514 694-5850

Little Brothers

To break the isolation of people aged 75 and over living in Québec who have no family or emotional ties and who want to forge new relationships.

- Website: littlebrothers.ca
- Phone number: 1-866-627-8653

Volunteer West Island's Contact Program

Program that pairs a person with a volunteer for friendly phone calls.

- Website: cabwwi.org
- Phone number: 514-457-5445



Helplines

The Mistreatment helpline

Free professional and confidential service throughout Québec. Every day without exception. 7 days a week, 8 a.m. to 8 p.m.

- Website: lignemaltraitance.ca/fr
- Phone number: 1 888 489-2287

L'Appui proches aidants

Contact Info-Aidants for support, information, and referrals. Every day from 8 a.m. to 8 p.m.

- Website: www.lappui.org/en
- Phone number: 1 855 852-7784



Health and Social Services

Info-Santé and Info-Social

Helpline for physical and mental health issues and access to healthcare.

- Phone number: dial 8-1-1

CLSC du Lac-Saint-Louis

For referrals (meals on wheels, etc.), home help, etc.

- Phone number: 514 697-4110

West Island Crisis Centre

Support for people experiencing difficult situations or crises.

- Website: www.centredecriseoi.com/fr
- Phone number: 514 684-6160

NOVA West Island

Offers palliative care, bereavement support for youth and for adults, a senior activity program and home support.

- Phone: 514 695-8335
- Email: info@novawi.org
- Website: www.novawi.org



FIELD OF ACTION	OBJECTIVE
Outdoor spaces and municipal buildings	Adapt and maintain public spaces to make them safe, accessible and pleasant for seniors.
WHAT WE HAVE HEARD	
In general, Beaconsfield residents appreciate the quality and attractiveness of the municipality's outdoor spaces and buildings, while identifying certain issues that need to be improved to optimize accessibility and comfort for all. <i>What is appreciated:</i> • The Library, City Hall and most parks are perceived as fairly easily accessible and in good condition. • Beacon Hill Chalet, James-Armstrong Park and the Herb Linder Annex are cited as well-equipped and appreciated for their friendly environment. • The addition of new benches in certain parks, as well as the presence of numerous green spaces, encourage relaxation and socialization. <i>What can be improved:</i> • There is a lack of public benches or they are too widely spaced in many parks, making it difficult for people with reduced mobility to take a break. • Universal accessibility is not always respected in all buildings: some buildings or public toilets do not meet standards, and some pathways need repair. • Few footpaths and parks are located in the northern part of the city, and some crossings (e.g. the crosswalk over Highway 20) are difficult or impossible for people with reduced mobility.	

WHAT WE ALREADY DO
Offer storage space for small boats near Lake St-Louis access points (Centennial, Lakeview and St-Louis parks) to promote access to the lake. When developing or renovating outdoor spaces, continue to have an age-friendly focus by considering: • Park equipment for adults and seniors • Accessible washrooms and water fountains • Adequate lighting • Sufficient benches with back and armrests • Walking loops When renovating or erecting public buildings, eliminate barriers and improve accessibility by: • Including compliant access when designing development and construction projects • Ensuring ramps are accessible and to code • Creating paved pathways between parking lots and entrances • Installing automatic doors • Ensuring washrooms and water fountains are accessible

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTNERSHIPS	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Improve temperature control at the Herb Linder Annex	Leader	Public Works	Winter 2026 - Winter 2027	\$\$\$	Registry and Public Affairs		Comfortable year-round temperatures at the Herb Linder Annex (a room mainly dedicated to seniors' activities)
Change the furniture at the Herb Linder Annex to make it more suitable for seniors	Leader	Culture and Leisure	2025 2026	\$\$	Public Works		Increased comfort and sense of security for seniors (more stable tables, chairs with armrests to help them get up)
Renovation of the Recreation Centre	Leader	Culture and Leisure	2026 2027 2028	\$\$\$\$	Public Works	Culture and Leisure's Analysis of Citizens' Needs Action Plan for Persons with Disabilities	A more modern Recreation Centre, with fewer obstacles, more accessible and better suited to the needs of seniors.
Building a fully accessible Cultural Centre with a library	Leader	Culture and Leisure	2026 2027 2028	\$\$\$\$ Government grants	Public Works	Culture and Leisure's Analysis of Citizens' Needs Action Plan for Persons with Disabilities	New fully accessible Cultural Centre with library, better adapted to the needs of seniors and of the community in general
Establish a process for handling requests to add benches in public spaces.	Leader	Public Works	2027	\$	Culture and Leisure		Seniors know where to go to request additional benches, and the City is able to analyse requests through an established process and respond to them according to available resources.
Publicize the various projects underway in the city through various means of communication (website, publications in Contact magazine, etc.).	Leader	Communications	2025 2026 2027 2028	\$	Culture and Leisure		A better understanding of the various projects underway and how these projects will improve the quality of life of Beaconsfield's seniors and citizens.
Improve parks and pedestrian paths in the northern section of Beaconsfield	Leader	Culture and Leisure	2026	\$\$\$ Government grants application for PRIMADA	Urban planning and Municipal Patrol	Parks and Green Spaces Master Plan	Increased use of parks by seniors in the north zone.

FIELD OF ACTION	OBJECTIVE
Housing and Living Environment	Promote seniors ageing in place and a diversity of housing adapted to the changing needs of seniors.
WHAT WE HAVE HEARD	
In general, Beaconsfield residents appreciate the beauty and overall quality of their living environment, but raise significant concerns about housing diversity and accessibility, as well as home support services. <i>What is appreciated:</i> • <i>Residential neighbourhoods are considered pleasant and conducive to aging well, with a good quality of life.</i> • <i>The majority of respondents to the survey consider their homes to be adapted to their current needs.</i> • <i>The local commercial offer (grocery store, shops) is deemed satisfactory by most..</i> <i>What can be improved:</i> • <i>There is little diversity in housing adapted to seniors' needs (e.g., options for smaller or accessible housing, lack of private seniors' residences).</i> • <i>Access to home support services (e.g., maintenance, odd jobs, accompaniment/transportation) is considered insufficient or difficult to obtain.</i> • <i>Information on financial assistance programs for home adaptation and on the different types of housing for seniors is not readily available.</i>	

WHAT WE ALREADY DO
Encourage a diversity of businesses and shops to set up shop on the territory with a by-law that provides for a variety of uses depending on the sector. Allow the construction or conversion of intergenerational housing in the by-laws Allow the establishment of small bistros, cafés and/or meeting places in all areas of the city (planned as an additional use to commercial uses) in the by-laws. Allow the construction of subsidized residences for seniors in the by-laws. Promote with builders and contractors the design, renovation and construction of multi-family dwellings that guarantee an adaptability in favour of the changing lifestyles and the needs of an aging population

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Encourage greater housing diversity and the creation of single-family or couple housing	Leader	Urban Planning and Municipal Patrol	2028	\$		Urban Plan	Development vision integrated into the urban plan and integrated into regulations governing this type of development
Promote Société Logique	Leader	Communications	2026 2027 2028	\$			A better understanding of what Société Logique has to offer people wishing to adapt their homes
Study the possibility of allowing the addition of additional housing to an existing lot	Leader	Urban Planning and Municipal Patrol	2028	\$		Urban Plan	Assessment of the possibility of allowing the addition of complementary housing to see if the City wishes to add this option in the revision of its urban plan.
Establish a bistro in the new Cultural Centre at Centennial Park	Leader	Culture and Leisure	2028	\$ Government grants for the construction of the new Cultural Centre	Caterer (to be determined - will be a subcontractor under contract)	Culture and Leisure's Analysis of Citizens' Needs	Addition of a friendly meeting place in Centennial Park for impromptu encounters between citizens, friends and users.
Publicize and update on the website the resources available to seniors (housing, health services, etc.) so they can remain in their own homes.	Leader	Communications	2025 2026 2027 2028	\$	Culture and Leisure West Island Community Resource Centre		Seniors find it easier to find the help and resources they need, and are more aware of what's available.
Promote the West Island Community Resource Centre's Resource Guide for Seniors	Leader	Communications	2026 2027 2028	\$	Culture and Leisure		Seniors are aware of the West Island Seniors' Resource Guide and refer to it as needed.
Promote the Connecting Beaconsfield and Partage Club projects for help with minor home repairs and other services to help seniors stay in their own homes.	Leader	Culture and Leisure	2025 2026 2027 2028	\$	Communications		Neighbourhood ties are forged, and help is provided to seniors in need by their neighbours, according to each person's abilities and needs. This also eases the burden on community resources and helps meet needs not covered by them.

FIELD OF ACTION	OBJECTIVE
Transportation and Mobility	Make mobility safe, accessible and adapted to the needs of seniors.
WHAT WE HAVE HEARD	
Generally speaking, citizens recognize the presence of a variety of transportation options in Beaconsfield, but consider that several aspects need to be improved to facilitate daily commuting, especially for seniors. It has been noted that it is difficult to get around without a car in Beaconsfield. <i>What is appreciated:</i> • Free public transit for those 65 and over is very well received. • The possibility of getting around by bike or on foot in many parts of the city is seen as an asset. • The presence of a bus network, two commuter train stations and an accompaniment service (ABOVAS) is a welcome support for certain needs. <i>What can be improved:</i> • <i>The public transit offer lacks flexibility (unsuitable timetables, express bus only available during rush hours, few internal links within the municipality, no shuttle service).</i> • <i>There is a lack of bus shelters and public toilets at the train station, and maintenance deemed unsatisfactory (snow removal from sidewalks, access to parks or stops).</i> • <i>A number of citizens point to a dangerous or inadequate configuration for the cohabitation of pedestrians, cyclists and motorists, as well as an insufficient number of sidewalks and safe crossings in certain neighbourhoods.</i>	

WHAT WE ALREADY DO
Implement recommendations of the Active Mobility Plan Annual marking of bicycle paths Promote alternative transportation services (paratransit, ABOVAS) Annual marking of pedestrian crossings (included in the annual marking works contract) Installation of traffic signs at each pedestrian crossing to improve safety and visibility for users.

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Encourage citizens to subscribe to the STM's various channels to keep up to date on the measures taken by the company to ensure access to the REM for Beaconsfield citizens.	Leader	Communications	2026	\$	Société de transport de Montréal (STM)		Seniors have a better understanding of how they can get to the new station to use the REM despite the lack of parking.
Update the active mobility plan, which will take into account issues relating to access to the REM	Leader	Culture and Leisure	2025	\$\$	Public Works		Innovative solutions to improve access to REM for Beaconsfield residents are found.
Relocate the signs near the ramp leading to the 20 West (St-Charles Boulevard).	Leader	Public Works	2025	\$			The intersection is safer because the signs are more visible.
Explain the role of the Traffic Advisory Committee and encourage citizens to send in their requests or concerns regarding road safety.	Leader	Culture and Leisure	2026	\$	Public Works		Citizens better understand the processes in place for sharing their concerns about road safety and use the mechanisms already in place to address their concerns.
Participate in STM consultations when they are organized to ensure that seniors' needs are taken into account.	Ambassador	Administration and direction	2024 2025	\$	Société de transport de Montréal (STM) Culture and Leisure Public Works		The STM is aware of the needs of the citizens of the City of Beaconsfield and takes them into account when planning services.
Encourage carpooling among neighbours as part of the Connecting Beaconsfield project	Leader	Culture and Leisure	2025 2026 2027 2028	\$			More seniors are able to participate in active living because neighbours are more open to carpooling.

FIELD OF ACTION	OBJECTIVE
Social Participation	Encourage seniors' involvement in community life.

WHAT WE HAVE HEARD

In general, citizens recognize the vitality of Beaconsfield's associative life and the presence of a good spirit of mutual aid, but express the wish to see more opportunities and support for social involvement, especially for seniors.

What is appreciated:

- Neighbours helping neighbours and community goodwill are emphasized.
- Community organizations, clubs and associations are well established and offer opportunities for socializing and volunteering.
- The involvement of the City, elected officials, managers and municipal employees in listening to the population, as well as the organization of meetings, such as Cocktail Hours for seniors, are appreciated..

What can be improved:

- There is a lack of awareness or visibility of opportunities for volunteer involvement and neighbourhood activities for some citizens.
- The community is facing a decline in the number of volunteers, and some people express difficulty getting involved for lack of time, information or support.
- Mandatory registration for certain activities can hinder the mobilization and participation of everyone.

WHAT WE ALREADY DO

Support senior participation through intergenerational learning, for example, by encouraging seniors to mentor others or speak on topics of interest

Promote Techno Squad and library services to help seniors with technology

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Organize more social activities for seniors in winter and promote them in Contact magazine.	Leader	Culture and Leisure	2026 2027 2028	\$	Seniors' Advisory Group		Seniors are satisfied with the activities offered by the City, and participation in them is increasing.
Use the terms civic involvement or giving back rather than volunteering	Leader	Communications	2025 2026 2027 2028	\$	Culture and Leisure		Citizens feel more involved and decide to get involved in the community.
Think about strategies for mobilizing citizens	Leader	Culture and Leisure	2024 2025 2026 2027 2028	\$	Cultural and Community associations Partner organizations		New strategies are emerging to recruit volunteers and make up for the lack of volunteers in organizations.
Organize a Neighbourhood Café - Growing old in Beaconsfield to consult seniors	Leader	Culture and Leisure	2025	\$	Citizen members of the AFM Steering committee	Connecting Beaconsfield Project	Seniors discuss aging in Beaconsfield with other citizens and share their impressions, needs and suggestions with other participants.
Encourage carpooling for informal activities (Connecting Beaconsfield and Neighbour Connector project)	Ambassador	Culture and Leisure	2025 2026 2027 2028	\$	Communications		People who don't have a car feel comfortable asking a neighbour to drive them to an activity, and citizens organize transportation among themselves
Developing neighbourhood activities	Ambassador	Culture and Leisure	2024 2025 2026 2027 2028	\$	Beaconsfield citizens and community associations		Many activities are organized in the city's various neighbourhoods. The process for organizing block parties is simplified, and the program is enhanced to encourage citizens to organize them.
Create a seniors' advisory group to help plan activities specifically for seniors, organized by the City.	Leader	Culture and Leisure	2026	\$			Seniors feel more consulted and the activities organized for them by the City are even more in line with their needs.

FIELD OF ACTION	OBJECTIVE
Leisure	Offer diversified, accessible and flexible culture and leisure programming.

WHAT WE HAVE HEARD

Generally speaking, citizens are satisfied with the diversity of activities and the cultural and sporting vitality in Beaconsfield, while expressing a desire for a more inclusive offer, better adapted and more accessible to all age groups, especially seniors.

What is appreciated::

- The diversity of celebrations, cultural events and sporting activities organized in the city.
- The existence of popular clubs and workshops (reading club, technology workshops, activities such as pickleball, etc.).
- The range of services and activities offered at the Library generally corresponds to the needs and interests of citizens.

What can be improved:

- Access to leisure activities is limited by the complexity of the registration process, the cost of certain activities and poorly adapted schedules, particularly for people still active in the job market.
- There are few activities specifically reserved or adapted for seniors, especially those who are still working, or structured intergenerational opportunities.
- Better coordination with local organizations and the addition of evening and weekend activities are desirable to better meet the diversity of needs.

WHAT WE ALREADY DO

Maintain the social policy of 60+ rebates

Support the 55+ Club with the promotion of activities and encourage cross promotion with City programs

Organize IC3 Days before registration periods to help and equip people having difficulty with the registration system

Offer different registration methods (online, in person, by phone)

Ask instructors to offer different levels of difficulty in the courses so that all participants can benefit from the courses according to their abilities.

Make multi-purpose rooms available to meet a multitude of needs (space for dance classes, meetings, etc.).

Encourage community pools to offer discounted memberships for seniors

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Promote the 60+ discount and free activities	Leader	Culture and leisure	2025	\$			People for whom the price of activities is a deterrent are made aware of the 50% discount for 60+ year-olds, and are more aware of the free activities.
Add the 60+ rate directly to course schedules for seniors	Leader	Culture and leisure	2026	\$			The Contact magazine clearly indicates the price for residents who are 60 and older.
Study the possibility of offering pickleball periods in parks	Leader	Culture and leisure	2026	\$		Culture and Leisure's Analysis of Citizens' Needs	Impact studies are used to determine whether or not it is possible to add pickleball periods to the parks.
Add isolated Pickleball courts to promote the practice of this sport, which is experiencing rapidly growing demand.	Leader	Culture and leisure	2026	\$\$\$		Culture and Leisure's Analysis of Citizens' Needs	There are more options for seniors wanting to play pickleball to practice the sport.
Think about ways to animate public spaces in winter	Leader	Culture and leisure	2026	\$		Culture and Leisure's Analysis of Citizens' Needs	Winter isolation is less pronounced, and seniors are able to take part in activities in all seasons.
Conduct a study to recommend two potential locations in the city for a refrigerated skating rink	Leader	Culture and leisure	2026	\$\$		Culture and Leisure's Analysis of Citizens' Needs Parks and Green Spaces Master Plan	The City has options to consider to build a refrigerated skating rink, which would allow a better animation of the chosen park in the winter.

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Suggest that community pools offer quiet swimming periods (without loud music).	Ambassador	Culture and leisure	2025	\$	Community Pools		Increased participation by seniors in these quieter times.
Offer a dedicated space for strength training	Leader	Culture and leisure	2028	\$\$\$			Such a room is planned as part of the renovations to the Recreation Centre.
Work on a community calendar that includes the activities of the various organizations and associations as well.	Ambassador	Culture and leisure	2026	\$	Communications bciti+ Cultural, sports and community associations Local community organizations		Improved cooperation between community organizations and associations and the city, to avoid scheduling conflicts between activities.

FIELD OF ACTION	OBJECTIVE
Respect and Social Inclusion	Create an inclusive municipal culture that values seniors.
WHAT WE HAVE HEARD	
In general, citizens perceive Beaconsfield as a respectful, caring and welcoming community, but note that certain aspects of inclusion and living together can still be strengthened. <i>What is appreciated:</i> • The strong sense of belonging and the ease of relating to neighbours. • Gestures of respect and courtesy towards seniors, and a dynamic community spirit. • Municipal and community initiatives aimed at bringing all generations together, such as intergenerational activities at the Library or community projects. <i>What can be improved:</i> • There is a lack of structured intergenerational activities or direct links between young people and seniors. • Some citizens note a loss of civic-mindedness in certain contexts (seating in transport, incivilities, lack of understanding of others). • Situations of hidden poverty or isolation, even in what is considered an affluent environment, are a reminder that we must remain attentive to the inclusion of all people, whatever their situation.	

WHAT WE ALREADY DO
Support initiatives that build on the expertise of seniors. Study ways to include and encourage isolated seniors to participate in community programs, services and events.

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Offer more intergenerational activities	Leader	Culture and Leisure	2027	New Horizon for Seniors Program (grant opportunities)			New intergenerational activities are emerging, benefiting seniors and all generations, and enhancing the sense of inclusion of seniors in society.
Support the initiatives of the Connecting Beaconsfield project, which aims to promote social inclusion in neighbourhoods.	Leader	Culture and Leisure	2024 2025 2026 2027	\$	Sustainable Development		neighbourhood ties develop, breaking the isolation of people who previously might not have spoken to their neighbours.
Contact local high schools to see if teen volunteer programs could be developed to support seniors (mutual aid, odd jobs, snow removal).	Ambassadrice	Culture and Leisure	2026	\$	Beaconsfield High School Other High Schools on the West Island of Montreal		The city promotes these volunteer programs, where they exist, and seniors are in a position to benefit from them.
Organize conferences on the financial realities of seniors, offering tips and tricks for aging well at home, as well as on relevant tax topics (explanation of municipal tax bills, payment methods, deadlines, assessment roll, etc.).	Leader	Culture and Leisure	2027	\$	CPA Canada Finance and Treasury		Improved understanding of taxation and resources available for aging well at home.
Explore the possibility of spreading the tax burden of seniors by granting exceptional payment terms based on specific criteria.	Leader	Finance and Treasury	2027	\$			The city evaluates the possibility and sees if this option is viable to alleviate a bit of the fiscal load for seniors meeting specific criteria.

FIELD OF ACTION	OBJECTIVE
Communications	Facilitate access to information in a variety of understandable formats
WHAT WE HAVE HEARD	
In general, Beaconsfield residents feel well-informed about municipal services and appreciate the variety of means of communication, while identifying avenues to further facilitate access to information, especially for seniors. <i>What is appreciated:</i> • The diversity of communication tools: website, newsletters, Contact magazine, social networks and public signage. • The availability and proximity of elected officials at council meetings and through the municipal magazine. • The efforts made to consult citizens (such as surveys or AFM initiatives) and transmit relevant information on services to the population. <i>What can be improved:</i> • The lack of public consultation, or of citizen participation mechanisms for certain projects, is noted by several participants to the public consultation. • Some citizens find it difficult to bring together all the important information, or to navigate certain media (e.g., the website or the glossy paper version of Contact magazine). • Access to information on specific resources for seniors or financial assistance programs should be facilitated, and it is hoped that more channels (print, e-mail, etc.) will be multiplied or diversified.	

WHAT WE ALREADY DO
Vary the types of communication and make sure we do not rely solely on digital communication (Contact magazine, Info-Flash, social media, newsletter, website, etc.). Send reminders for events via the Beaconsfield Updates newsletter and the bciti+ calendar. Dedicate one page of each Contact magazine to seniors' interests Continue live webcast of Council meetings to allow viewing from home Promote events on social media in an interactive manner to encourage participation and break isolation

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Organize a workshop showing how to use the City Website	Leader	Culture and Leisure	2026	\$	Techno Squad		Seniors become more comfortable using the city's website and find it easier to find the information they're looking for.
Reevaluate the possibility to use environmentally friendly matte paper for the Contact magazine	Leader	Communications	2026	\$			The analysis will show whether or not it is possible to use an eco-friendly matte paper again, after an inconclusive attempt in 2021.
Consider sending out leaflets with important information between Contact and Info-Flash publications, when needed.	Leader	Communications	2025 2026 2027 2028	\$\$			Information leaflets are sent out in addition to the initially planned publications (Contact and Info-Flash) for crucial information.

FIELD OF ACTION	OBJECTIVE
Health and Social Services	Strengthen local access to health and support services.

WHAT WE HAVE HEARD

In general, Beaconsfield residents find that they have good access to local health services, but express expectations for improved provision, coordination and dissemination of information on the various services and supports available to seniors.

What is appreciated:

- Easy access to local health services such as the CLSC, medical clinic, dentist and nearby hospital.
- The presence of organizations such as NOVA, which play an important role in home support and community care.
- Municipal and community initiatives that encourage healthy lifestyles (e.g., physical activities, healthy eating).

What can be improved:

- Access to specific home support services (maintenance, odd jobs, home hairdresser, etc.) or respite care for caregivers remains difficult or unknown.
- Information on programs, resources and services adapted for home support or home adaptation lacks clarity and visibility.
- Waiting lists, lack of direct services or the presence of a “one-stop shop” to direct seniors to the right services are identified as issues to be improved.

WHAT WE ALREADY DO

Offer the STAND-UP program in collaboration with CIUSSS de l'Ouest-de-l'Île (since fall 2023).

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Promote the services of 811 and offer a lecture about the services	Leader	Culture and Leisure	2027	\$	811 / CIUSSS		Seniors better understand what 811 is for and use it wisely to access the care they need.
Add a list of available resources to the Age-Friendly Municipality action plan	Leader	Culture and Leisure	2025	\$	Communications		Seniors discover new resources they didn't know existed and know where to turn when they need help.
Adopt a by-law to better control the use of wood-burning fireplaces and ensure better air quality	Leader	Urban Planning and Municipal Patrol	2026	\$		By-Law	Air quality improves in winter, which is particularly beneficial for seniors and people with respiratory problems.

FIELD OF ACTION	OBJECTIVE
Security	Improve the physical and psychological safety of seniors in their living environment.
WHAT WE HAVE HEARD	
In general, Beaconsfield residents express a strong sense of safety in their neighbourhood, but point to certain challenges to be overcome to ensure the safety of all, especially seniors and people with reduced mobility. <i>What is appreciated:</i> • The living environment is considered very safe by the vast majority of residents, both at home and on foot. • Emergency services (police, fire, ambulance) are perceived as efficient and responsive to community needs. • Citizens appreciate initiatives such as nightly police patrols, associations and the presence of the PAIR program, which help to reassure seniors.. <i>What can be improved:</i> • There are accessibility and safety issues for active travel: dangerous configuration of certain intersections, absence or lack of night lighting, lack of sidewalks or safe crossings, slippery speed bumps, etc. • Dangerous behaviours are noted on the roads (speeding, lack of visibility, etc.) • In the event of a disaster (flood, ice storm, major breakdown), many stress the importance of identifying and better communicating places of refuge or emergency assistance measures, particularly for the most vulnerable.	

WHAT WE ALREADY DO
Anticipate the impact of climate change on neighbourhoods, especially those near the river Make seniors aware of the various health and safety programs available in the area (Special Assistance, Automated Alert System, Pair Program, 211, 811, etc. Encourage seniors to subscribe to the City alert system and other communication tools such as bciti+ and Beaconsfield Updates e-newsletter Encourage individuals at greater risk during emergencies to register for the Vulnerable Persons registry Ensure snow removal from access points to public buildings Ensure that streets and sidewalks are cleared of snow as quickly as possible, with available resources

ACTION TO CARRY OUT	MUNICIPAL ROLE	RESPONSIBLE ENTITY	SCHEDULED FOR	RESSOURCES AND SOURCES OF FINANCING	COLLABORATION / PARTENARIAT	TIE-IN(S) AND LINK(S)	EXPECTED RESULTS
Promote bciti+ further to so more members receive city alerts	Leader	Communications	2025-2026	\$	bciti+, alert system		Seniors who subscribe now receive alerts about what's happening in the city, so they're better informed in emergency situations (and in normal situations, too).
Clarify the role of the Vulnerable Persons Registry and review its promotion	Leader	Culture and Leisure	2025-2026	\$	Communications		Citizens have a better understanding of the purpose of the Vulnerable Persons Registry and the services it offers.
Work with the CLSC to ensure that home support workers promote the Vulnerable Persons Registry to their more vulnerable patients.	Collaborator	Culture and Leisure	2026	\$	CIUSSS Ouest-de-l'île - Home support		Vulnerable persons receiving home support services are aware of the Vulnerable Persons Registry and have the information they need to decide whether or not to join.
Organize road safety awareness campaigns (dangerous behaviour, etc.).	Partner	Communications	2026	\$\$	Association des communicateurs municipaux du Québec		All citizens are made aware of dangerous behaviour and their potential consequences. Dangerous behaviours are reduced, and travel safety is improved.
Suggest that pedestrians and cyclists wear reflectors to improve their visibility in the evening	Leader	Communications	2026	\$	Culture et loisirs		Everyone's safety (pedestrians, cyclists and motorists) is improved, because it's easier to share the road when you can clearly see who you are sharing it with.



BEACONSFIELD